

# Visitor Guidelines for Cayuga Birth Place

## Infection control and prevention of COVID- 19

At this time, Cayuga Medical Center (CMC) is diligently monitoring the development of COVID-19 (2019 novel Coronavirus) in community and taking all appropriate and necessary precautions for the safety and well-being of everyone. We remain vigilant and continue to follow the Centers for Disease Control (CDC) and New York Department of Health guidelines.

At CMC, our goal is to ensure the safety and well-being of our patients, families, visitors and staff. During this respiratory infection season, we are taking all necessary precautions to keep everyone here safe. We believe in Patient-and Family Centered Care, and our staff are empowered to partner and assist patients and families to help assure that your needs are met throughout the entirety hospital stay.

COVID-19 poses significant risks to certain groups of populations including people over 60 with underlying conditions and pregnant women.

Right now, we are restricting visitors (one member of family or friends) to visit inpatient areas at Cayuga Birthplace and continue to be vigilant in identifying any possible infected individuals..

Currently, we advise that visitors (including grandparents, relatives and friends) who meet any one of the following criteria should not be visiting maternal child health area until he or she is no longer potentially infectious.

1. Signs or symptoms of a respiratory infection, such as fever, cough, shortness of breath, or sore throat.
2. In the last 14 days, has had contact with someone with a confirmed diagnosis of COVID19, or under investigation for COVID-19, or are ill with respiratory illness.
3. International travel within the last 14 days to countries with sustained community transmission
4. Residing in or traveling from a community where community-based spread of COVID-19 is occurring.

If you have your near and dear ones in maternal child health area of CMC, please consider alternative means of communication such as video calls via cell phones and other means of virtual communication.

If the visitation is necessary, we suggest wearing a mask, limiting physical contact and practice social distancing with no hand shaking or hugging and remaining six feet apart.

Thank you for your cooperation.